

# TELLURIDE PACKING CHECKLIST

In any travel or outdoor activity your expected comfort determines what items you bring along. Below is a general list for multi-day sport climbing and mountain trekking. Expect temps to range from mid-60's to mid-70s, but be prepared for cooler and windy conditions hiking at elevation.

Climbing gear (rope, quickdraws, belay device, carabiners, harness, helmet, climbing shoes) are provided.

## CLIMBING / HIKING GEAR

- Leggings or Shorts (3-4 Pieces)
- Hiking/Climbing Pants (1-2 Pieces)
- Short Sleeve Shirt or Tank (4-6 Pieces)
- Long Sleeve Shirt (1-2 Pieces)
- Fleece/Hoody/Mid-Layer
- Packable Light Down Jacket
- Raincoat
- Membrane Pants (waterproof, windproof)
- Hiking Boots (waterproof preferred)
- Sun Hat/Ball Cap
- Beanie
- Gloves
- Thin Socks (for climbing shoes)
- Hiking Socks
- Daypack (15-25L)
- Hydration System (bladder/Camelbak)
- Climbing Shoes\*
- Harness\*
- Chalk Bag\*
- Climbing Helmet\*
- Headlamp
- Hiking Poles

## GENERAL USE

- Socks
- Underwear/Bras
- Swimsuit/Beachwear
- Casual Pants
- Shirts
- Lightweight Sweatshirt or Jacket
- Hat
- Sandles
- Spare Batteries for Headlamp
- Sunglasses
- Nail Clippers
- Hand Balm
- Athletic Tape
- Sunscreen
- Bug Spray
- Toothbrush/Toothpaste
- Shampoo/Conditioner
- Face Wash
- Lotion
- Medications (Tylenol, Ibuprofen, etc...)
- Refillable Water Bottle
- Snacks (Small, carb based/easy to eat/ jerky, Stroop waffles, dried fruit, nuts, etc..)

\*Bring if you have them. Otherwise these will be provided.

### NOTES: