

# LEAN POWER YOGA, LLC

## RELEASE OF LIABILITY, ASSUMPTION OF RISK AND CONSENT

I understand that in order to participate in activities provided by Lean Power Yoga, LLC or arranged by Lean Power Yoga, LLC, said participation includes certain risks and dangers. I may be without immediate access to medical evaluation or facilities should I be injured or disabled, may experience extreme weather conditions, physical exertion for which I may not be prepared, and evacuation difficulties. I accept and assume all of the known and unknown inherent risks of the proposed activities.

I hereby release and discharge Lean Power Yoga, LLC, its agents, employees or representatives from any and all liabilities, claims, damages and causes of action arising out of any and all activities led by Lean Power Yoga, LLC or arranged by Lean Power Yoga, LLC, and I further assume the risk that I may be injured while participating in any and all activities. This Release of Liability and Assumption of Risk shall be binding on me, my heirs, representatives, administrators and executors.

I further agree that I will assume all risks and release Lean Power Yoga, LLC, from all liability for any injury or damage to my body or property or my death due to any failure to obtain or administer appropriate rescue operations in the event of injury or mishap, including failure to obtain adequate medical services, to evacuate or to supply treatment, medicine or trained rescue personnel or anything in connection therewith.

I expressly acknowledge and agree that the activities I may participate in can be dangerous and involve serious and unpredictable risks of bodily injury, property damage and death, and that the foregoing Release of Liability and Assumption of Risk is intended to be as broad and as inclusive as permitted by law. I am not relying on any oral or written representations of Lean Power Yoga, LLC regarding safety, and I am executing this Release of Liability and Assumption of Risk of my own free will.

I understand that while participating in activities provided by Lean Power Yoga, LLC or arranged by Lean Power Yoga, LLC, pictures, images and/or videos of me may be taken and I hereby expressly consent to any of those being used for marketing and/or promotional materials. I also consent to allowing Lean Power Yoga, LLC to use any testimonial I may give to be used for marketing and/or promotional materials whether said testimonial is given verbally, by text or email.

Any controversy or claim arising out of or relating to this agreement, or the making, performance or interpretation thereof, shall be interpreted under the laws of the State of Iowa. The District Court in Johnson County, Iowa City, Iowa, shall be the venue for any disputes.

I have read all of the above and agree to all provisions contained herein.

Dated: \_\_\_\_\_

Signature: \_\_\_\_\_

Printed name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Telephone: \_\_\_\_\_